



Blood in My Coffee: The Life of the Fight Doctor

Ferdie Pacheco

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Best known as the Fight Doctor, Ferdie Pacheco has lived a dreamer's life. Instead of finding success in just one career, Pacheco has excelled in numerous fields. He's been a successful pharmacist, doctor, boxing cornerman, television commentator, screenwriter, author, artist, and more. Now the life of this extraordinary Renaissance man is captured in his one-of-a-kind autobiography, *Blood in My Coffee*.

With wit and candor, Pacheco chronicles his life from his childhood days spent growing up in the Spanish section of Tampa, Florida, to patching up Muhammad Ali while sitting ring-side. Within these pages, Pacheco offers an inside look at the world of boxing, including characters from Miami's famous Fifth Street Gym, the Ali circus, and working behind the microphone with Marv Albert. He takes off the gloves as he recalls his dealings with the likes of Don King and the Showtime Network. But *Blood in My Coffee* is more than just a boxing book. It's Pacheco's personal journey of realization and growth—from opening a medical office in Miami's Overtown ghetto to campaigning for better safety regulations in boxing. It's proof positive that with a little luck and a lot of perseverance, dreams really do come true.

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