



Cronuts (German Edition)

Guillem Leonart

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Guillem Leonart

Cronuts (German Edition) Guillem Leonart
Für Back- und Kuchenfans!

- Liebevoll gestaltetes Buch mit vielen Cronut-Rezepten zum Selberbacken
- Ein Muss für Cronut- und Donut-Fans
- Schöne Geschenkidee für Hobby-Bäcker

Donuts & Croissants sind ja schon lecker - Cronuts allerdings sind die unwiderstehliche und unverwechselbare Mischung aus beidem. Ob süß oder herzhaft, mit Schokoladenganache und Früchten oder Ibérico- Schinken und Pflaumen belegt - alles ist möglich und verdammt lecker.

Cronuts - hier wird zusammengebacken, was zusammengehört: die luftig-leichte Zartheit eines Croissants in der Form eines Donuts. Der spanische Konditor Guillem Leonart interpretiert diese Idee einer Gebäckfusion, deren Popularität in New York nicht nur Warteschlangen, sondern einen regen Schwarzmarkthandel verursacht, auf seine eigene, besondere Art. Die süßen und herzhaften, heißen und kalten Kreationen schmecken u. a. nach Schokolade, Nougat, Minze, Kaffee, Karamell und Früchten, kommen mit flüssigem Kern, Eiscreme und Knusperkruste daher oder als pikante, würzige Häppchen mit mediterranem Flair. Leonarts Cronut-Rezepte sind so einfach wie exquisit und die Variations- und Kombinationsmöglichkeiten schier grenzenlos.

Guillem Leonart ist in vierter Generation Konditor und wurde an der Schule der Konditorzunft in Barcelona ausgebildet. Sein Großvater Amadeu war der erste Konditor in seiner Heimatstadt Sant Celoni, einem Ort in der Nähe von Barcelona, mitten im Gebirge Montseny. Schon als Kind half Guillem seinem Großvater bei der Zubereitung seiner Spezialkrapfen aus Croissant-Teig, die in der Pfanne gebraten und mit Sahne gefüllt nach der Fastenzeit verkauft wurden - die Vorläufer des Cronuts.

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Jonathan Bean:

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