



George & Hilly: The Anatomy of a Relationship

George Gurley

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A funny and intimate portrait of a relationship gleaned from the author and his fiancée's couple's therapy sessions.

After roughly three-and-a-half years of dating his girlfriend Hilly, *New York Observer* nightlife and society reporter George Gurley decided that it was time to get married. Well, engaged. No rush. One day at a time. George had witnessed New York husbands —frail, meek, ashamed, and henpecked, pushing double wide strollers as their battle-ax wives babbled on about “dinner with friends”—and it wasn't for him.

Enter Dr. Selman: psychiatrist, obliging listener, and unwitting participant in George's own journalistic project—a no-holds-barred portrait of intimacy taken from transcripts of the couple's therapy sessions. George can be compared to a Carrie Bradshaw 2.0; that is, if Carrie were a hard drinking, ill-reputed man-about-town writing frankly about sex, love, marriage, and his own psychological baggage.

Hilarious, thought-provoking, and compelling, *George & Hilly* reveals the uncensored, unselfconscious psyche of a man on the brink of matrimony.

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