



## Manu de 0 a 30 (Spanish Edition)

*Manuela Da Silveira*

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## **Manu de 0 a 30 (Spanish Edition)** Manuela Da Silveira

Es que las mujeres somos así. Nerviosas. Siempre nos hacemos cargo de todo, es nuestra manera de ser. Vamos a un ejemplo práctico : hay dos tipos de gripe, la gripe masculina y la gripe femenina. La femenina está llena de culpa y nunca dejamos de hacer nada. Tenemos 39 de fiebre y barremos toda la casa, nos sentamos a pelar cebolla para dejar la cena pronta antes de morir. El hombre engripado aprieta off y se dedica a gritar: ¿gorda, me muerdo?. Es como si la receta médica dijera: ¿Amoxidal 750 y rómpale los cataplines a su mujer?. Pero se dejan cuidar. Son más vivos. Ser hombre es más sencillo. El hombre come pascualina y cree que está a dieta y eso es una virtud que los hace más felices que nosotras.

Esta es una de las tantas reflexiones que vas a poder encontrar en Manu de 0 a 30. Un libro para leer distendido y disfrutarlo. Un libro donde encontrarás recuerdos de infancia y reflexiones sobre: el amor, la pareja, las mudanzas, la gastronomía y el Uruguay, entre otros temas. Con la mirada aguda, hilarante y personalísima de la mujer que ha cautivado el corazón de todos los uruguayos. Señoras y señores, con ustedes: Manuela da Silveira, compartiendo sus 30 años de pastafrola.

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