



Breathing Life Into Your Characters

Rachel Ballon

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Create Convincing Characters That Readers—and Editors—Can't Resist!

It's the question that eternally plagues all good writers: How can you describe the thoughts and feelings of characters who have backgrounds or psychological aberrations with which you have no personal experience?

How can you describe the feelings of a drug addict if you've never been one? How can you write about being a prisoner if you've never been to jail? You can do all the research you want, but the question still remains: How do you convincingly portray characters if you've never lived in their skin?

In *Breathing Life Into Your Characters*, writing consultant and professional psychotherapist Rachel Ballon, Ph. D., shows you how to get in touch with the thoughts and feelings necessary to truly understand your characters—no matter what their background or life experiences. She'll show you how to:

- Develop a psychological profile for every character
- Turn archetypes into conflicted characters
- Think like a criminal to convincingly write one
- Reveal personalities through the use of nonverbal communication

In addition, you'll learn how to effectively use Ballon's "Method Writing" system—taught previously only in her writing workshops—to explore your own feelings, memories, and emotions to create characters of astonishing depth and complexity!



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Have you spare time for any day? What do you do when you have considerably more or little spare time? Yep, you can choose the suitable activity regarding spend your time. Any person spent all their spare time to take a stroll, shopping, or went to the actual Mall. How about open or read a book entitled Breathing Life Into Your Characters? Maybe it is being best activity for you. You recognize beside you can spend your time with your favorite's book, you can smarter than before. Do you agree with its opinion or you have different opinion?

Louis Ono:

The actual book Breathing Life Into Your Characters has a lot details on it. So when you make sure to read this book you can get a lot of gain. The book was authored by the very famous author. This articles author makes some research prior to write this book. This particular book very easy to read you can get the point easily after looking over this book.

Terry Speller:

The reason why? Because this Breathing Life Into Your Characters is an unordinary book that the inside of the publication waiting for you to snap that but latter it will jolt you with the secret that inside. Reading this book next to it was fantastic author who have write the book in such wonderful way makes the content interior easier to understand, entertaining way but still convey the meaning completely. So , it is good for you for not hesitating having this any longer or you going to regret it. This phenomenal book will give you a lot of gains than the other book get such as help improving your ability and your critical thinking means. So , still want to delay having that book? If I were you I will go to the guide store hurriedly.

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