



# **The Mother of All Parenting Books: The Ultimate Guide to Raising a Happy, Healthy Child from Preschool through the Preteens**

*Ann Douglas*

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YOUR CHILD'S GROWING UP! From preschool to the preteens, raising your boy or girl is an exhilarating, challenging time. The Mother of All Parenting Books is a comforting instruction manual for the day-to-day adventures that await you. Packed with practical strategies, handy checklists, and parent-tested advice, this comprehensive, down-to-earth guide is a breath of fresh air for moms and dads, empowering you to choose a parenting that works best for you and your children.

Warm and entertaining, The Mother of All Parenting Books provides an authoritative yet non-bossy approach to everything from discipline and sibling rivalry to teaching values, encouraging academic success, and promoting effective communication. Inside you'll find the straight facts about difficult subjects, such as spanking, bullying, raising children with special needs, and parent burnout. You also get a first-aid guide, a directory of key parenting organizations, and the answers to all your medical questions, vetted by a panel of health authorities. Plus, this book features nitty-gritty, from-the-trenches wisdom from other parents-the only ones who truly understand what it's like to be in your shoes! Concise, dependable, and wonderfully reassuring, The Mother of All Parenting Books will help you guide your child through these roller coaster years-and raise a happy, healthy family!

### Advance Praise for The Mother of All Parenting Books

"This book has all the answers that are missing from other parenting books! It's honest, complete, well-researched . . . and not preachy."

-Dr. Cathryn Tobin, author of The Parent's Problem Solver

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