



Espejos del tiempo (Spanish Edition)

Brian L. Weiss

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En Espejos del tiempo el doctor Brian Weiss anima al lector a retroceder al pasado y recordar sucesos que podrían ser el origen de las dificultades que experimenta en la actualidad. Gracias a los recuerdos, no solo de su vida actual sino de vidas pasadas, verá disminuir los síntomas que padece y experimentará una intensa sensación de relajación y bienestar.

El practicar estos ejercicios con regularidad – asegura el doctor Weiss, que los emplea con sus pacientes– mejora la salud física y emocional, proporciona equilibrio y serenidad y amplía la perspectiva espiritual.

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