



# Yogurt: Sweet and Savory Recipes for Breakfast, Lunch, and Dinner

*Janet Fletcher*

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# Yogurt: Sweet and Savory Recipes for Breakfast, Lunch, and Dinner

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**Yogurt: Sweet and Savory Recipes for Breakfast, Lunch, and Dinner** Janet Fletcher

**A fresh, modern yogurt-centric cookbook that showcases the versatility of this dairy superstar in 50 recipes for appetizers, salads, soups, sauces, marinades, beverages, and desserts, and provides fail-proof directions for making your own yogurt at home.**

Americans have fallen in love with yogurt, thanks to its creamy texture, tangy flavor, and health-promoting probiotic cultures. In *Yogurt*, a fresh and modern full-color cookbook, author Janet Fletcher demonstrates the versatility of this dairy superstar in more than fifty recipes for appetizers, salads, soups, beverages, and desserts. From **roasted tomato bruschetta with yogurt cheese** to **meatballs in a warm yogurt sauce** to a **golden yogurt cake**, these recipes showcase yogurt in dishes both rustic and sophisticated. Drawing inspiration from the culinary traditions of Greece, Turkey, Lebanon, Syria, Iran, India, and beyond, this useful handbook includes a guide to purchasing yogurt (all of the recipes work with quality store-bought brands), advice on choosing a yogurt maker, and easy methods for making yogurt, Greek yogurt, and yogurt cheese at home.

*From the Hardcover edition.*

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