

Strangling Your Husband Is NOT an Option: A Practical Guide to Dramatically Improving Your Marriage

Merrilee Boyack



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Things can get pretty crazy in marital relationships. As one review has said, "What wife hasn't felt like strangling her husband at least once during their marriage?"

With her lighthearted personality and humor, author Merrilee Boyack shares twenty-five years' worth of marital perspective in this practical guide to improve any marriage. As an estate-planning attorney Merrilee has dealt with many struggling couples going through divorce. (Seven-year marriages seem to have the greatest challenges.) She offers practical tips for women who want to better understand men (particularly their husbands) and build happier marriages. She invites women to dump the guilt, to be open enough to learn about areas they'd like to improve, and then take the steps to make those changes. Readers will also find a wealth of fun and practical advice in chapters like "The Five 'Don'ts' and Five 'Do's' of Wifehood," "But How Do I Change My Husband?" and "No, Really, How Can I Change Him?"

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