



The Meals to Heal Cookbook: 150 Easy, Nutritionally Balanced Recipes to Nourish You during Your Fight with Cancer

Susan Bratton, Jessica Iannotta

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From the founder and the chief operating officer of Meals to Heal (a company that provides vetted nutritional information and prepared meals delivery to cancer patients and their families): 150 nutritionally balanced recipes created with an eye toward the special needs of cancer patients (e.g. mouth sores, nausea, and difficulty swallowing) who often suffer from malnutrition.

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