



# **The Everything Guide to Raising Adolescent Boys: An essential guide to bringing up happy, healthy boys in today's world**

*Robin Elise Weiss LCCE*

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"The Everything Guide to Raising Adolescent Boys" will help parents navigate the most difficult years in their child's life - ages 13 and up. Written by a parenting expert and certified psychologist, this guide offers detailed information on the various stages of development and challenges for raising adolescent boys and how to cope, covering: identity issues, puberty and peer pressure; the effects of outside influences on adolescent boys (the media, TV, the Internet) and how to stay on top of youth trends; school issues (learning difficulties, sports, competition, and violence); drugs, alcohol and sex - the facts and how to talk to your son about them; how to enforce discipline and how to deal with rebelliousness; your son's self-esteem, emotional maturity and sense of responsibility; and, maintaining a healthy, open relationship with your son. "The Everything Guide to Raising Adolescent Boys" is every parent's survival guide for raising adolescent boys ages 13 and up.

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