



Psychology of Success: Your A-Z Map to Achieving Your Goals and Enjoying the Journey

Alison Price, David Price

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Identify your dreams. Achieve your goals. Enjoy the process.

In *Psychology of Success*, Alison and David Price help you to identify your personal vision of success, building goals around what you really want and what you have the potential to achieve. With the benefit of expert insights, real-life case studies and powerful techniques, you'll build day-to-day strategies to help define and reach your goals, overcome obstacles and succeed in the face of adversity.

If you're looking to reach your full potential – whether it's making a personal change, achieving a sporting goal, or putting a business plan into practice – this book will give you the map to changing your life, and enjoying the journey.

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