



A Menopausal Memoir: Letters from Another Climate (Haworth Innovations in Feminist Studies)

Ellen Cole, Esther D Rothblum, Anne C Herrmann

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The only extended, first-person narrative about menopause, *A Menopausal Memoir: Letters from Another Climate* explores the connection between menopause, mourning, and memory through nine fictional letters written to different addressees. The letters explain the author's own experience of having a hysterectomy (without her permission) during surgery for endometriosis and being thrown into instant menopause. Herrmann expresses her experiences differently in each letter based on the recipient's gender, sexual identity, and age, revealing the complexities of accepting menopause. Psychotherapists, psychologists, physicians, medical students, academics, and those interested in women's health and women's studies will receive insight into one woman's experience and will learn how our bodies mold our sexual identity and shape many aspects of our lives. Writing these letters from the point of view of a scholar engaged in personal narrative but not in the familiar narrative of a woman married with children, Herrmann examines her journey of loss, recovery, and healing through feminist theory. The letters in *A Menopausal Memoir* reveal many other issues, including:

- the relationship between the female body and the meanings attached to it
- the different ways women tell their stories about difficult experiences
- negotiating the relationship between growing older and sexual identity
- the body's response(s) to the loss of organs that form/inform its history
- the connection between body, identity, and disease

A highly personal, yet theoretical, approach to the experience of menopause, *A Menopausal Memoir* explores how changes in the body affect your sexual identity, your relationships, and your feelings as a woman.

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This book untitled A Menopausal Memoir: Letters from Another Climate (Haworth Innovations in Feminist Studies) to be one of several books in which best seller in this year, that's because when you read this e-book you can get a lot of benefit into it. You will easily to buy this specific book in the book retailer or you can order it by way of online. The publisher in this book sells the e-book too. It makes you easier to read this book, since you can read this book in your Cell phone. So there is no reason for you to past this book from your list.

Carolina Jones:

The reason why? Because this A Menopausal Memoir: Letters from Another Climate (Haworth Innovations in Feminist Studies) is an unordinary book that the inside of the guide waiting for you to snap the item but latter it will jolt you with the secret the item inside. Reading this book alongside it was fantastic author who all write the book in such incredible way makes the content inside easier to understand, entertaining approach but still convey the meaning thoroughly. So , it is good for you for not hesitating having this anymore or you going to regret it. This unique book will give you a lot of rewards than the other book have such as help improving your skill and your critical thinking technique. So , still want to hold off having that book? If I were you I will go to the book store hurriedly.

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A Menopausal Memoir: Letters from Another Climate (Haworth Innovations in Feminist Studies) can be one of your nice books that are good idea. Many of us recommend that straight away because this e-book has good vocabulary that could increase your knowledge in language, easy to understand, bit entertaining but still delivering the information. The article author giving his/her effort to get every word into delight arrangement in writing A Menopausal Memoir: Letters from Another Climate (Haworth Innovations in Feminist Studies) but doesn't forget the main point, giving the reader the hottest and also based confirm resource data that maybe you can be one among it. This great information can easily drawn you into completely new stage of crucial contemplating.

James Butler:

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