

# The Encyclopedia of Positive Psychology



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Positive psychology, the pursuit of understanding optimal human functioning, is reshaping the scholarly and public views of how we see the science of psychology. The *Encyclopedia of Positive Psychology* provides a comprehensive and accessible summary of this growing area of scholarship and practice.

- 288 specially commissioned entries written by 150 leading international researchers, educators, and practitioners in positive psychology
- covers topics of interest across all social sciences as well as business and industry
- the most current, extensive, and accessible treatment of the subject available
- topical primer clarifies basic constructs and processes associated with positive psychology
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