



You Won't Believe It's Vegan!: 200 Recipes for Simple and Delicious Animal-Free Cuisine

Lacey Sher, Gail Doherty

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Gourmet chefs Sher and Doherty, former owners of the highly successful restaurant Down to Earth, offer a collection of innovative yet simple restaurant-quality recipes, for every day and special occasions, all toxin- and animal-free. From basic dishes to world-class entrees and hors d'oeuvres, *You Won't Believe It's Vegan!* serves up over 200 delicious recipes that just happen to be animal-free. With sections devoted to appetizers, entrees, sides, drinks, Down to Earth's famous desserts, fun food for kids, and raw food alternatives, this book contains all the ingredients for an eco-friendly feast. *You Won't Believe It's Vegan!* offers comprehensive information for any animal-free kitchen, including: equipment essentials; key cooking techniques; the vital items for an organic pantry; and conversion ideas to help make any recipe whole food and vegan.

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Marcia Ogburn:

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