



The Bobath Concept in Adult Neurology

Bente Gjelsvik

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Treatment of the Neurologically Impaired Adult With the present book, acclaimed international Bobath instructor and therapist Bente Gjelsvik offers an evidence-based practice-oriented road map to the assessment and treatment of patients with lesions of the central nervous system. Consisting of 238 pages of accessible text supported by 240 illustrations (mostly photographs of patients in therapy), this work is the ideal clinical guide for physical and occupational therapists, for students and practitioners working with neurologically impaired adults, and for Bobath instructors as well as trainers in physiotherapy in general. Gjelsvik successfully bridges the gap between evidence-based clinical practice and theoretical assumptions, developing a clear understanding of the neuromusculoskeletal system, of motor control, of neural and muscle plasticity, and ultimately of the structure and function of the organism as a whole. The fine balance between theoretical information, clinical relevance, and practical examples make this an essential book for learning all about the interaction between the central nervous system, the musculoskeletal system, movement, and function. Bente Gjelsvik thus improves any Bobath therapist's competency in achieving the best possible assessment of the individual with neurological conditions, for best possible results of the treatment.

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