

Starring in Your Own Life: Reveal Your Hidden Star Quality and Make Your Life a Blockbuster Hit

Lena Nozizwe

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All too often we cast ourselves as spectators, afraid to put ourselves forward and follow our dreams. But you can break free from the boredom and monotony of a lackluster life. This empowering book will show you, step by step, how to infuse more joy, radiance, and vitality into your everyday life, whether you live in Hollywood or Hoboken.

Lena Nozizwe, who went from being born in a tiny African village to becoming an award-winning television personality broadcasting to millions, mixes her personal experiences with observations about Hollywood's brightest celebrities to reveal how you, too, can reach deep down for that inner radiance and go for the gusto.

Reconnect with your true motivation Plot a script for the life you want Create happy endings, no matter what plot twists you may encounter Understand how your co-stars, supporting players, and villains affect who you are



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