

# When the Belly Button Pops, the Baby's Done: A Month-by-Month Guide to Surviving (and Loving) Your Pregnancy

Lorilee Craker



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### When the Belly Button Pops, the Baby's Done: A Month-by-Month Guide to Surviving (and Loving) Your Pregnancy Lorilee Craker "This is your brain...This is your brain on progesterone!"

Have the hormones of pregnancy pushed you slightly over the edge? Here's permission to give in and have a few belly laughs as a mother of two and a panel of experienced moms revel in the humorous side of pregnancy. This warm and funny month-by-month guide contains serious wisdom for pregnant moms looking to have a joyful pregnancy.

Reassuring and helpful for both body and soul, Lorilee and her Pregnant Pals address the whole mother–as only good friends can–with sidebars, checklists, quotables, and down-to-earth help such as: •Tips on conquering nausea, narcolepsy, and general nuttiness •How to panic-proof your pregnancy •Good food and good exercise for great pregnant bods •Chic, no-tents-allowed fashion tips •Survival strategies for labor day

Serving up spiritual encouragement for the whole nine months, this is the essential pregnancy book for Christian moms!

From the Trade Paperback edition.

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Spent a free the perfect time to be fun activity to try and do! A lot of people spent their sparetime with their family, or all their friends. Usually they doing activity like watching television, about to beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Could be reading a book is usually option to fill your cost-free time/ holiday. The first thing that you'll ask may be what kinds of e-book that you should read. If you want to attempt look for book, may be the book untitled When the Belly Button Pops, the Baby's Done: A Month-by-Month Guide to Surviving (and Loving) Your Pregnancy can be fine book to read. May be it could be best activity to you.

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