



# Rethinking Drinking and Sport: New Approaches to Sport and Alcohol

*Catherine Palmer*

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Rethinking Drinking and Sport examines the complex nature of sport-related drinking. With close attention to the contradictory nature of sport-related drinking, this book considers both 'the problem' of drinking in sport, as well as some of the issues for treatment and recovery that sports-related drinking presents. Bringing together a range of methodological and theoretical debates that address the relationships between alcohol and sport, Rethinking Drinking and Sport draws on rich new interview material with fans and both drinking and non-drinking sportsmen and women, as well as documentary and media sources. Based on research across a variety of sports in the UK and Australia, Rethinking Drinking and Sport explores not only the relationship between alcohol, fans, participants and industry, but also questions of gender and identity to provide fresh insights into the complex relationships between drinking and sport. Examining possible directions for health and public policy in relation to sport-related drinking, this book will appeal to social scientists and policy makers with interests in consumption, leisure, sport, drinking, and health.

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