



# Mr Wilkinson's Favourite Vegetables: Winter

*Matt Wilkinson*

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## **Mr Wilkinson's Favourite Vegetables: Winter** Matt Wilkinson

For chef Matt Wilkinson, vegetables come first. Whether he's cooking in the kitchen of his Melbourne eatery Pope Joan or for his young family at home, Matt plans and builds his dishes around the vegetables in season, when they'll taste the best, be cheapest and most readily available.

Today too many of us - chefs and home cooks alike - plan our meals around the meat (or protein) and carbohydrate components letting the vegetables play second fiddle. In this book Matt Wilkinson lets his favourite vegetables take centre stage. This beautifully illustrated book will appeal to vegetarians but it's not a vegetarian cookbook. There are plenty of dishes incorporating meat but Mr Wilkinson's favourite vegetables are the true stars.

Recipes include: mashed brussels sprouts with mint and best end of lamb; salad of cauliflower, smoked salmon and strawberry; baked fennel, breadcrumbs and herbs; parsnip and black rice risotto; truffled coleslaw with golden spiced quail kiev; heirloom carrot salad, yoghurt, almond and honey dressing; and many more.

All titles in this series: *Mr Wilkinson's Favourite Vegetables: Spring* *Mr Wilkinson's Favourite Vegetables: Summer* *Mr Wilkinson's Favourite Vegetables: Autumn* *Mr Wilkinson's Favourite Vegetables: Winter* *Mr Wilkinson's Favourite Vegetables: The Collection*

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A lot of people always spent all their free time to vacation or maybe go to the outside with them family members or their friend. Did you know? Many a lot of people spent these people free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity that is look different you can read a book. It is really fun for you. If you enjoy the book that you just read you can spent all day every day to reading a book. The book Mr Wilkinson's Favourite Vegetables: Winter it is rather good to read. There are a lot of folks that recommended this book. These people were enjoying reading this book. Should you did not have enough space to develop this book you can buy typically the e-book. You can m0ore easily to read this book from your smart phone. The price is not to cover but this book provides high quality.

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