



How Could You Do That?!: Abdication of Character, Courage, Consci

Dr. Laura Schlessinger

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How Could You Do That?! illustrates **Dr. Laura Schlessinger's** philosophy of personal responsibility through her usually provocative but always stimulating moral dialogues with callers about everyday ethical dilemmas.

In her lively pull-no-punches style, Dr. Laura takes on the moral dilemmas of our time: from the mindless pursuit of pleasure and immediate gratification to taking the easy way out when those actions produce ugly or uncomfortable life-altering consequences. She demonstrates in no uncertain terms that personal values are never someone else's responsibility but your own, and why choosing not to honor them actually compounds unhappiness. Finally she explains that by disciplining self-indulgence and rising above temptation we can discover the infinite pleasures, the true happiness, of the moral high ground.

Dr. Laura delivers not only a compelling argument for an ethical approach to life but also an invaluable inspiration to rebuilding character, conscience, and courage. Here is a work that can make a genuine difference in the quality of your own life and the lives of those we love.

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