



# Critical Thinking for Addiction Professionals

*Michael J., PhD, CSAC, MAC Taleff*

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## **Critical Thinking for Addiction Professionals** Michael J., PhD, CSAC, MAC Taleff **Learn to Think Critically and Make Better Decisions**

Addiction professionals make decisions everyday that impact peoples lives. Sometimes these decisions are solid, and sometimes they are the result of flawed thinking, which often results from myths and generalizations that are perpetuated in the field. Thinking flaws are common not just in counselors, but in supervisors, administrators, and presenters, and can lead to potentially negative outcomes both for clients and for programs.

In this easy-to-read guide--the first to bring together critical thinking and addiction work--critical thinking expert and addiction professional Dr. Michael J. Taleff offers readers the tools they need to think critically and make better decisions.

- To evaluate their critical thinking abilities
- The characteristics of a critical thinking professional
- What drives bad thinking in addiction work
- How to recognize and avoid thinking fallacies
- The ethics and consequences of using critical thinking

"Dr. Taleff has provided an insightful analysis of the kinds of thinking errors often made by counselors. The text should be required reading in all areas of health and human services. The concepts and discussion are as valuable to experienced helpers as they are to novices."

-**Gregory Blevins**, Ph.D., Professor, Governors State University

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